

UNITED STATES DISTRICT COURT  
FOR THE  
EASTERN DISTRICT OF NEW YORK

**Brenna B. Mahoney**  
Clerk of Court

**August Marziliano**  
Chief Deputy, Brooklyn

**Michael Kramer** 4:57 pm, Nov 28, 2022  
Chief Deputy, Central Islip

**FILED  
CLERK**



**Theodore Roosevelt Federal Courthouse  
Emanuel Cellar Federal Courthouse**  
225 Cadman Plaza East  
Brooklyn, NY 11201  
(718) 613-2270

**Alfonse D'Amato Federal Courthouse**  
100 Federal Plaza  
Central Islip, NY 11722  
(631) 712-6000  
Pro Se: (631) 712-6060

**U.S. DISTRICT COURT  
EASTERN DISTRICT OF NEW YORK  
LONG ISLAND OFFICE**

Date: 11/28/22  
Re: 21CR19(GRB)-1

Dear *pro se* litigant:

The enclosed letter is being returned without docketing or consideration for the following reason(s):

- ( ) The docket number and/or judges' initials are incorrect or missing.
- ( ) Your signature is required on all papers filed with the Court.
- ( ) These papers appear to be intended for another court or agency.
- ( ) Papers cannot be filed without indicating that they have been served on all parties in your action, or their attorneys. This office *will not* forward copies of your papers to other parties or their counsel. An affirmation of service form is enclosed.
- ( ) Your papers do not meet the minimum requirements for:
  - ( ) Legibility: please type or print clearly.
  - ( ) Language: only English is acceptable.
  - ( ) Form or Content: See forms/instructions enclosed.
  - ( ) Please indicate the documents you served on your affirmation of service.
  - ( ) Other:
- ( ) This Court will only accept papers on 8 ½ by 11" paper. Note that this does not include exhibits. Documents submitted for filing should be unbound originals.
- ( ) Documents submitted for filing should not include (social security number, birthdate, names of minor children, financial account number etc.)
- ( ) Pursuant to Local Civil Rule 5.1, discovery materials are not filed with the Court except by Order of the Court.
- ( ) Your Notice of Appeal has been processed, and your case is closed. Your papers should be directed to: United States Court of Appeals for the Second Circuit Thurgood Marshall U. S. Courthouse, 40 Foley Square, New York, NY 10007
- (✓) Our records indicate that you are represented by an attorney. As such, you may not file papers or communicate directly with the Court. Please refer this matter to your attorney.
- ( ) The Court cannot act on your submission(s). To the extent that it is your intent to start a new action, or to file a motion, please request the appropriate form(s) from our website or from our office.

(✓) Other: This filing is being forwarded to attorney of record, Evan Sugar. By: J. Grady  
J. Grady, Deputy Clerk

21CR19 GRB-1  
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U.S. DISTRICT COURT E.D.N.Y.

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LONG ISLAND OFFICE

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11/3/22

SCANNED

Your Honor, I am writing to you in hopes that you can help me please. My name is Lorenzo Arana my lawyer is "Evan Sugar" I am 21 years old, got locked up at age 19. Been in RDC Brooklyn approximately 2 years. Its been really rough for me in here, ive been assaulted, robbed, extorted, threatened, harassed everything. I am currently writing to you in SHU. Ive been in SHU for a month and a half. I cant live or go anywhere in the building so they keep me in SHU confined to my cell 24 hours a day.

I lost so much weight im only 129 pounds, they arent feeding me. I only get 2 phone calls per month. So my family especially my mommy is very worried about me. Ive also been to suicide ~~watch~~ watch twice in 1 month. I cant live like this...

This is pure torture and cruel to any detainee.

I have mental issues I am diagnosed also with ASD, known as "Autism Spectrum Disorder". My mother is very worried sick, I miss talking to my Mother. I am being locked in a cell for months, starving, losing so much weight, not being able to speak to my only support my parents, 24 hours a day, this is horrible I cry myself to sleep every night. I miss home.

Please help me Your Honor, please transfer me to Nassau County Jail or Essex County. I need to be able to ~~any~~ call, visit, not be confined to a cell all day. I was in Mental Health Unit in Nassau County before. I hope you can get Marshalls to transfer me, please and thank you.



11/3/22

Your Honor, please help me, I've been trying to speak to you to tell you what's going on with me. I can't wait months for court, Every 3 months I get ready for court for them to not even speak to me and adjourn it to another couple months.

I am trapped in SHU, 24 hours a day locked in your cell. 2 calls per month, no visits, no books, they be not feeding me sometimes. I miss my mom, I cry so much knowing she's worried sick about her child. I'm a good person I don't deserve this cruel punishment and wouldn't want anyone else to go through this.

I am 129 pounds, very unhealthy, no mental help, no communication to my family. I've been to Suicide Watch twice in October recently. I think I'm losing my mind.

I am writing letters to the court  
my family, lawyer, I feel like  
im gonna die in here, please schedule  
a in person court ASAP like earliest  
most fastest so I can tell you more.  
Im stuck, everyone is ignoring my  
calls for help. Im a detainee not  
convicted, with unmandated rights  
are being infringed. I need help  
please talk to the Marshalls or  
my lawyer please. thank you have  
a good day.

I can be happy, get visits, call my  
family, buy commissary, book my stuff.  
Eat and not get denied my 3 meals.  
and not be locked in a cell all day  
close to home.

All I want is to transfer to County  
Jail, Nassau County, or Essex  
County, please your honor, help me.

Please help me Judge Brown I  
cant live in a cell 24 hours without  
your rights as a detainee, pre trial.

11  
3/3/22

Your Honor, I hope you receive my  
letters. I thank you for your time on  
reading them. I pray that I can be  
free from these cruel inhumane practices  
at mdc Brooklyn Jail.

I also pray that I can speak to my  
family especially my mom after a  
while locked in cell. That's the only  
thing keeping me going, is a mother's love.

Me looking at a wall 24 hours a day  
for months is really making me feel  
depressed. No contact except 2 calls  
and letters a month.

Please transfer or talk to marshalls  
for my health, and safety, I cannot  
go to any unit in Brooklyn.

Please help, Lorenzo Arcana.

20120111  
#25924-509  
MDC Brooklyn  
Metropolitan Detention Center  
P.O. Box 329002  
Brooklyn, NY, 11232

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11722-443800

